






# Compare quick care options to help keep costs down.

Call 911 or go to an emergency room (ER) if you have a life-threatening condition. For everything else, see your primary care physician (PCP) or family doctor first. If seeing your PCP isn't possible, it's important to know your quick care options, especially before heading to an ER.

Getting care at the best place for your condition could **save you up to \$1,900 compared to an ER visit.** For more details on quick care options, visit [uhc.com/checkchoosego](https://www.uhc.com/checkchoosego).

Quick Care Options	START HERE				
	 <b>PCP</b> Care from the doctor who knows you best.	 <b>Virtual Visits</b> See a doctor whenever, wherever.	 <b>Convenience Care</b> Basic conditions that aren't life-threatening.	 <b>Urgent Care</b> Serious conditions that aren't life-threatening.	 <b>Emergency Room</b> Life- and limb-threatening emergencies.
Average Cost*	Varies by plan type	Less than \$50**	\$95	\$180	\$2,100
Hours	Varies by location	24/7	Varies by location	Varies by location — may be open nights/weekends	24/7
How to Connect	Contact your PCP	<a href="https://www.myuhc.com/virtualvisits">myuhc.com/virtualvisits</a>	<a href="https://www.myuhc.com">myuhc.com</a> ®	<a href="https://www.myuhc.com">myuhc.com</a>	<a href="https://www.myuhc.com">myuhc.com</a>

✓ indicates the recommended place for care for the following common conditions:

Broken bone				✓	✓
Chest pain					✓
Cough	✓	✓	✓		
Fever	✓	✓	✓		
Muscle strain	✓		✓		
Pinkeye	✓	✓	✓		
Shortness of breath					✓
Sinus problems	✓	✓	✓		
Sore throat	✓	✓	✓		
Sprain	✓		✓	✓	
Urinary tract infection	✓	✓	✓		



**Need to find a network provider or PCP?** Visiting an out-of-network provider could end up costing you more for care. To find a PCP, urgent care centers and emergency rooms in your network, go to [myuhc.com](https://www.myuhc.com).

**Not sure where to go for care?** Call the number on your health plan ID card.



**Learn more about quick care options at [uhc.com/checkchoosego](https://uhc.com/checkchoosego).**

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\*Source 2018: Average allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. (Estimated \$1,900.00 difference between the average emergency room visit and the average urgent care visit.) The information and estimates provided are for general informational and illustrative purposes only and is not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

\*\*The Designated Virtual Visit Provider's reduced rate for a Virtual Visit is subject to change at any time.

Virtual Visits are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits and Urgent Care visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstance. Services may not be available at all times or in all locations.

Check your official health plan documents to see what services and providers are covered by your health plan.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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