

WELLNESS INCENTIVE - 2023

တၢ်အိၣ်ဆူၣ်အိၣ်ချ့တၢ်ဟ့ၣ်သဆၣ်ထီၣ်- ၂၀၂၃

ပုၤမၤတၢ်ဖိတဖၣ်ဒ်သိးဒီးကလၢပဲၤဒီးတၢ်အိၣ်ဆူၣ်အိၣ်ချ့အဂီၢ်တူၤလံာ်ခိပနံၣ်နံၣ်အိၣ်ဒီးအတၢ်တၢ်ကျဲၤလၢကမၤစၢၤဝဲဒၣ်ပုၤမၤတၢ်ဖိတဖၣ်န့ၣ်လီၤ. ယုၤထၢဘၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အခးတၢ်ဒ်သိးဒီးနတၢ်အိၣ်ဆူၣ်အိၣ်ချ့ကဝဲၤဝဲအဂီၢ်တမ့ၢ်ထဲလၢတၢ်မၤလီၤတၢ်နတၢ်အိၣ်ဆူၣ်အိၣ်ချ့အံၤလၢဟ့ၣ်စ့ၣ်ကိးလိာ်ဝဲန့ၣ်လီၤ. လၢနတၢ်အိၣ်ဆူၣ်အိၣ်ချ့ကအိၣ်ဝဲဒၣ်အဂီၢ်တလံာ်ခိပနံၣ်အံၤဟ့ၣ်ဒူးသ့ၣ်ညါဘၣ်န့ၣ်လၢပအိၣ်ဒီးတၢ်ဂျၢၢ်တၢ်ကျဲၤတခါလၢအမ့ၢ်ဝဲဒၣ်တၢ်ဆါအိၣ်စ့ၣ်ဖဲခိပနံၣ်အံၤဒီးကမၤစၢၤတန့ၣ်လၢနတၢ်အိၣ်ဆူၣ်အိၣ်ချ့အဂီၢ်န့ၣ်လီၤ

ပုၤလၢအပုၤမၤဖဲဒိၣ်တဖၣ်လံာ်ခိပနံၣ်အံၤန့ၣ်ခါချ့ညါန့ၣ်လၢအကဟဲတဖၣ်အံၤန့ၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့ဖဲဒိၣ်ခဲအပုၤတဖၣ်ကထီၣ်ဝဲဒၣ်တုၤလၢ (\$၄၆၈) တ: ၂၀၂၄ အနံၣ်အံၤန့ၣ်လီၤ. လၢတၢ်န့ၣ်အယုၤအိၣ်ဒီးလၢပုၤမၤတၢ်ဖိတဖၣ်ကမၤသကိးဘၣ်တၢ်ဟူးတၢ်ဝဲဒီးပုၤအံၤန့ၣ်လီၤ.

ပုၤမၤတၢ်ဖိလၢအမ့ၢ် FullTime တဖၣ်အဂီၢ်န့ၣ်. နကဘၣ်မၤပဲၤဝဲဒၣ်တၢ်ဂ့ၢ်တၢ်ကျဲၤဒ်အဖျါလၢလံာ်တဖၣ်အံၤဖဲလါအီၤကထဘၢၤဝဲသ ၂၀၂၂ တုၤလါစဲးပထုဘၢၤအသီၣ် ၂၀၂၃ အနံၣ်အံၤန့ၣ်လီၤ.

- ၁. မၤပဲၤတၢ်မၤကွၢ်မိၢ်ပုၤတၢ်ဒိသအတၢ်ဆူးတၢ်ဆါ
- ၂. လဲၤမၤကွၢ်မဲလၢမဲကသံၣ်သရၣ်အိၣ်
- ၄. မၤသကိးလၢမ့ၢ်သးကလိတၢ်မၤတၢ်ဟူးတၢ်ဂဲၤတခါခါမ့တမ့ၢ်ဘုၤလံာ်န့ၣ်စၢၣ်ရံၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့တၢ်ခဲၣ်ဖု

ဝံၤဒီး :

- ဟဲစီၢ်ဘၣ်လံာ်လဲၣ်တဖၣ်လၢနကသံၣ်သရၣ်ဆဲးလီၤန့ၣ်အစုမ့ၢ်ကျိၤလၢနလဲၤထံၣ်လိာ်သးဒီးအီၤယုၤဒီးမ့ၢ်န့ၣ်မ့ၢ်လီၤ
- ဟဲစီၢ်ဘၣ်လံာ်လဲၣ်တဖၣ်လၢနမဲကသံၣ်သရၣ်ဆဲးလီၤန့ၣ်အစုမ့ၢ်ကျိၤလၢနလဲၤထံၣ်လိာ်သးဒီးအီၤယုၤဒီးမ့ၢ်န့ၣ်မ့ၢ်လီၤ
- ဟဲစီၢ်ဘၣ်မ့ၢ်သးမၤကလိအတၢ်မၤလၢမၤသကိးဒီးဆူၣ်ချ့ပုၤဘၣ်မူဘၣ်ဒါတဖၣ်အလံာ်အုၣ်သး
- မၤပဲၤဘၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အတၢ်ဟူတၢ်ဂဲၤအလံာ်

လံာ်ပတံထီၣ်ဒီးတၢ်လဲၤန့ၣ်အကျိၤအကျဲး ကွၢ်ဘၣ်လၢ(SharePoint/HR Dept/Employee Forms/Wellness Incentive Forms) မ့တမ့ၢ်ဘၣ်န့ၣ်စဲးကျိးဘၣ်ဒီးရူပုၤမၤတၢ်ဖိလၢနတၢ်မၤလီၤတကယတက့ၢ်.

ဒီးဆုၢ်ထီၣ်ဘၣ်အီၤလၢဂူပုၤဘၣ်မ့ၢ်ဘၣ်ဒါအိၣ်ဖဲလါအိးကထီၣ်ဘၢၤ ၂၀၂၃ ဖဲဂူအံၤန့ၣ်တက့ၢ်:

Bailey Nurseries, Inc.
Attention: Joyce Hagensick
1325 Bailey Road
Newport, MN 55055

ဒ်တၢ်ဂ့ၢ်တၢ်ကျဲၤလၢအဖျါလၢအဖိခိၣ်အံၤအသိးနမ့ၢ်မၤလၢပဲၤအီၤခဲလၢာ်န့ၣ်ဖဲ ၂၀၂၄ နံၣ်အံၤန့ၣ်ပကဟ့ၣ်မၤစၢၤဝဲဒၣ်န့ၣ်အိၣ်စ့ၣ်အပုၤတနံၣ်န့ၣ် (\$၄၆၈) တ: န့ၣ်လီၤ. လၢတၢ်န့ၣ်အယုၤအိၣ်ဒီးအပုၤကလိာ်ဝဲဒၣ်တလါန့ၣ် (\$၃၉) တ: နမ့ၢ်မၤပဲၤတၢ်ဂ့ၢ်တၢ်ကျဲၤလၢတၢ်ဖိခိၣ်တဖၣ်အံၤခဲလၢာ်မးနကဒီးန့ၣ်တၢ်လီၤ. ပဆၢလၢနကမၤသကိးတၢ်ဒီးပုၤန့ၣ်လီၤ



Wellness Incentive - 2023

Healthy employees contribute to the strength and success of Bailey Nurseries, Inc. Choices we make can lead to happier and healthier lives both at home and at work. To help maintain and improve overall employee health, Bailey Nurseries, Inc. is pleased to continue the Wellness Incentive Program.

For those enrolled in a health plan at Bailey Nurseries, Inc., the financial incentive will be \$468 for 2024 for those employees who participate in and document certain activities.

For regular full-time employees, the following activities will need to be (or have been done) between October 1, 2022 and September 30, 2023:

1. Complete a preventive physical exam
2. Go to the dentist
3. Participate in a volunteer event or Bailey Nurseries wellness campaign

Then:

- Complete Annual Physical Exam form signed by your doctor confirming the date and nature of the visit
- Complete Annual Dental Exam form signed by your dentist confirming the date and nature of the visit
- Complete the Volunteer Certification
- Complete the Wellness Program Checklist

For forms, access: SharePoint/HR Dept/Employee Forms/Wellness Incentive Forms or contact your HR Department.

Return the forms by October 6, 2023 to Human Resources:

Bailey Nurseries, Inc.
Attention: Joyce Hagensick
1325 Bailey Road
Newport, MN 55055

Upon successful completion of the required activities, your medical premium for **2024** will be reduced by **\$468** for the year (**\$39** per month). You must enroll in a Bailey Nurseries medical plan to be eligible. This is a win-win situation for you and the company.

